

SAMPLE WEEKEND RETREAT SCHEDULE

NOTE: Campers will be divided into age-appropriate/socially-appropriate cabin groups of no more than 7 campers. Each cabin group will be supervised by 2-3 staff.

FRIDAY

- Leave campus by 3:15pm.
- Arrive at Mt. Gilead around 5:30pm.
- Unpack vans and move into cabins – tour camp (if time allows – otherwise tour camp after dinner).
- Meet to have pizza dinner in the dining hall by 6:30pm.
 - Evening Activities 7:30pm–9:30pm:
 - Puzzles, Board games/Puzzles in dining hall
 - movie in the farmhouse
 - ping pong, air hockey, Legos in rec hall
- Return to cabin at 9:30pm.
- Lights Out by 10:30pm.

SATURDAY

- Breakfast between 8:30am–9:00am.
- Clean up dining hall after breakfast.
- Morning Activities:
 - Low Ropes Course
 - Fishing in Pond/Canoeing
 - Nature Hike
 - Flag Football
 - Arts & Crafts
- Lunch 12:00pm
- Clean up dining hall after lunch.
- Afternoon Activities 1:00pm
 - Fishing in Pond/Canoeing
 - Nature Hike
 - Flag Football
 - Archery
 - Arts & Crafts
- Dinner is at 6:00pm.
- Clean up dining hall after dinner.
- Free Time from 7:00pm–7:30pm
- Camp Fire and S 'Mores 7:30pm–8:30pm
- Evening Activity (8:30pm–9:30pm)
 - Games in Rec Hall
 - Movie in Farmhouse
 - Puzzles, Board/Card Games in Dining Hall
- Return to cabins by 9:30pm.
- Lights Out at 10:30pm.

SUNDAY

- Breakfast between 8:30am–9:00am.
- Pack sack lunches for ride home.
- Clean up dining hall after breakfast.
- Clean up cabins and pack bags.
- Group Activity (TBD) at 10:30am.
- Group photo at 11:00am.
- Pack vans and head home by 12:00pm.
- Stop along way to eat lunch at park.
- Parents pick up kids at Vanguard by 3:00pm.